
Ambleside to Langdale circular walk – 11 miles

DIRECTIONS

1. From Ambleside Salutation Hotel, BW Premier Collection, head downhill then cut through 'The Slack', the alleyway on your right. Follow this over a couple of roads to join Vicarage Road. Follow the lane past the church into Rothay Park, cross the bridge before turning left over Miller Bridge to join the road. Head right, cross the cattle grid and after 100m take a turn left onto the bridleway, heading up.

2. Keep going past Brow Head Farm and up onto the open fell, ignoring side paths and sheep tracks. As it levels off, continue with Loughrigg Fell on your right, past Ivy Crag. Keep going along the track above a wall and through a gate, before bearing left to drop down to the minor road. Keep left of Loughrigg Tarn on the road and follow the B-roads down through Little Loughrigg to Skelwith Bridge and the Talbot Bar.

3. Cross over the River Brathay on Skelwith Bridge and walk sharply up hill on the narrow road before taking the marked footpath on your right into the trees. Keep going past the farms and through the gates and stiles to reach the road. Turn right and after a few metres take the footpath on your left back up into woodland, marked with a National Trust sign. Take the path bearing right for view of Colwith Force and then push up through the trees onto open fell to join the narrow minor road at the top at High Park.

4. Turn right and carry on along the road into Little Langdale, before cutting down the footpath on your right after Stang End, down into the valley. You can either

follow the detour to Slater Bridge and the disused quarries here, or head up the track to join the B-road, turning left to reach The Three Shires Inn.

5. Head back down the road and take a left turn opposite where you joined it, following the path signposted to Elterwater. Stay on the track heading straight on past the farm until it joins a rough stone road. After you've reached the wood on your left, take the path on your left past the coin-covered log and head down through the trees, across a tiny road and through the old quarry. Cross the river at the bottom on the little bridge to reach Wainwrights' Inn.

6. Head back over the bridge and turn left, following the footpath all the way to Elterwater village. The Britannia Inn is on your left.

7. Pick the Cumbria Way heading east along the side of Elterwater to reach Skelwith Force. Close to the waterfall, take the little gate out of the trees onto the road and cross the road to reach Neaum Crag. Follow the footpath up through the woodland and past the holiday cabins towards Loughrigg Tarn. Skirt around its western, and then eastern shore, following the footpath, crossing over the little road and then carrying on the footpath dead ahead.

8. Follow the track until you reach a T-junction of tracks, then turn left to rejoin the path back to Ambleside past Ivy Crag. Follow the way you came downhill, past Brow Head Farm, and into the village to reach the Ambleside Salutation Hotel, BW Premier Collection.

